



Entrees Menu

Most menu items require a minimum of 5 servings

Breast of Chicken Marsala 6.30

Strips of Chicken Marsala 6.30

Strips of chicken, mushrooms and garlic in a Marsala wine sauce served with basmati rice.

Breast of Hazelnut Chicken 6.85

Strips of Hazelnut Chicken 6.15

Chicken strips, pistachios and apricots, finished in a hazelnut infused cream sauce, with orzo.

Grilled Lemon Sherry Chicken 4.80

A tangy lemon sherry sauce tops this soy marinated sliced chicken breast. Served with oriental pilaf.

Chicken Francais 6.15

A breast of chicken coated with a parmesan egg batter and finished with a lemon wine sauce.

Breast of Chicken Piccata 6.15

Strips of Chicken Piccata 5.80

Strips of chicken accented by a lemon wine sauce and served with orzo.

Chicken Breast Monterey 6.25

A breast of chicken highlighted by tomato and scallions and topped with Monterey Jack cheese.

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



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Italian Breaded Chicken Breast (6 oz.) 5.00

A breast of chicken breaded in Italian style bread crumbs and cooked to a golden brown.

Cranberry Chicken 5.20

Strips of chicken highlighted by a cranberry brown sugar sauce, served with orzo.

Grilled Chicken with Spiced Pineapple 6.60

Grilled chicken topped with spicy grilled pineapple and served with pan fried noodles.

Chicken in a Basil Cream Sauce 6.25

*Strips of sautéed chicken, sun dried tomatoes and olives, finished on a basil cream sauce.
Served with your choice of orzo or penne pasta.*

Grilled Breast of Chicken (only) 4.25

With Buns & Condiments 5.95

Sauce choices: Honey Mustard, BBQ or Teriyaki.

Chicken Chablis 5.85

Apricots and toasted almonds, with an herb infused wine sauce, served with basmati rice.

Grilled Chicken Breast & Vegetables 7.65

A full breast of chicken with red and yellow peppers, onions, zucchini, yellow squash and eggplant, marinated in an herb infused olive oil. Served with white or brown rice.

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Chicken Saltimbocca with Spaetzels 6.15

Strips of chicken, spaetzels, prosciutto ham, red pepper and Fontina cheese. Finished with a white wine sauce.

Montreal Grilled Chicken 4.50

Spice rubbed, sliced, chicken breast grilled and topped with a roasted garlic cream. Served with steamed broccoli.

PORK & BEEF

Ginger Bourbon Pork Tenderloin 7.90

*Grilled pork tenderloin marinated with ginger bourbon.
Served at room temperature.*

Grilled Flank Steak & Vegetables 8.90

*Garden fresh vegetables marinated in an herb infused olive oil.
Served with white or brown rice.*

Sliced Roast Beef with Mashed Potatoes & Gravy 8.40

Mustard Encrusted Beef Tenderloin- - (Market Price)

*Rubbed with stone ground mustard and
slow roasted to medium rare.*

Served at room temperature, accompanied by horseradish sauce.

Grilled Steak Au Poivre 7.30

*Pepper rubbed and topped with a honey soy sauce.
Served with Parmesan redskins.*

Sliced Roast Beef Au Jus 6.95

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SEAFOOD

Filet of Salmon 14.65

*Parmesan and cracked pepper encrusted.
Topped with a lemon butter wine sauce.*

Tortilla Crusted Tilapia 7.95

*Filet of fresh water fish seasoned with tortilla crumbs and served
with lemon rice.*

Potato and Cheese Crusted Cod 8.40

Served with lemon rice.

STIR FRY

Chicken Stir Fry 5.55

*A bountiful dish with strips of chicken, fresh cut vegetables in a light
teriyaki sauce. Served with white or brown rice.*

Vegetable Stir Fry 4.50

*Replace the chicken with fresh sliced mushrooms.
Served with white or brown rice.*

Beef Stir Fry 6.90

*This stir fry includes fresh broccoli, celery,
yellow squash red & green peppers, and snow peas
Served with white or brown rice.*

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Shrimp Stir Fry 6.85

*This stir fry includes fresh broccoli, celery, yellow squash red & green peppers, and snow peas
Served with white or brown rice.*

Five Spice Pork Stir Fry with Pan Fried Noodles 6.25

Pan fried noodles, sesame glazed pork, peppers and celery.

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~ **ENTRÉES (By the Pan)** ~

Each pan serves approximately 8-10 people

Traditional Lasagna 32.25

Gourmet Vegetable Lasagna 32.25

Chicken & Spinach Lasagna 38.25

Our twist on the traditional. Spinach, red pepper strips with a hint of Jarlsberg in a velouté blanc sauce.

Fresh Tomato Basil Lasagna 45.25

Goat Cheese and Vegetable Lasagna 41.95

Chicken Parmesan 37.75

Stuffed Eggplant Parmesan 34.95

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~ PASTA ENTRÉES ~

Penne Pasta with Marinara 3.45

Includes Parmesan Cheese.

*With Meatballs **add 1.85***

Strips of Chicken & Spinach Fettuccini 6.15

Vegetable & Spinach Fettuccini 4.75

A tarragon infused cream sauce tops this dish made with spinach fettuccini, mushrooms, tomatoes and walnuts.

Cajun Chicken Linguini 6.15

Strips of chicken coated in a Cajun flour, sautéed, and tossed with linguini and finished with a cream sauce.

Cajun Vegetable Linguini 4.75

Mexican Chicken Alfredo 5.80

Strips of chicken tossed with red peppers, scallions, mushrooms, linguini and Alfredo sauce.

Pasta Sauce Raphael 5.80

Cheese filled tortellini topped with a flavorful artichoke and tomato sauce.

Ravioli with a Fresh Vegetable Sauté 5.25

Ravioli tossed with red peppers, red onion and asparagus. Sautéed with olive oil and garlic.

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Shrimp & Linguini Carbonara 9.20

Traditional pasta dish with shrimp, bacon, green peas in an Alfredo style sauce.

Spicy Penne Pasta 3.45

This simple and unique dish is highlighted by fresh spinach, basil and sun dried tomatoes.

Pierogi & Chicken Ranchero 5.55

Layers of chicken, pierogies & sliced bell peppers topped with a buttery ranch sauce.

Papparedelle Pasta w/ Sun Dried Tomatoes & Feta 5.80

Thick strips of pasta topped with a Romano cream sauce.

Potato and Cheese Pierogies and Sautéed Onions 4.00

Potato & cheese pockets topped with caramelized onions.

Cheddar Jack, Cheese Mac 3.10

Pierogi Ranchero 4.50

(Vegetarian)

Chicken Stroganoff 5.80 Beef Stroganoff 7.95

With mushrooms, onions and egg noodles.

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SPECIALTY BARS

Baked Potato Bar 5.00 pp

*Russet potatoes served with a variety of 10 toppers.
Our toppers include: broccoli, ham, bacon bits, olives, cheddar
cheese, scallions, picante, ranch, sour cream & butter.
Add chili as a topper 1.35 pp*

Fajita Meals

*All fajita meals are served with peppers and onions, Mexican rice,
black beans, sour cream, cheddar cheese,
picanté and flour tortilla wraps.*

Chicken Fajitas 8.25 Beef Fajitas 9.15
Vegetable Fajitas 6.95 Shrimp Fajitas 10.10

CREATE YOUR OWN PASTA...

Prices will vary by selection

Using the following pastas:

Penne, Linguini or Spinach Fettuccini

Sauces:

Marinara, Alfredo, Pesto, Meat Sauce

Options:

*Mini Meatballs (3 oz)
Italian Sausage pieces (4 oz)*

Pricing, as the need arises, may be changed without notice.

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