



# Sides & Salads

**Grilled Vegetables in an Herbed Olive Oil 2.90**  
*Fresh veggies including yellow squash, zucchini, red onion,  
and green & red peppers*

**Maple Glazed Carrots 1.85**

**Green Beans Amandine 2.10**

**Roasted Sweet Corn 1.85**

**Steamed Broccoli with Butter 1.85**

**Steamed Vegetable Medley with Butter 2.10**

**Goat Cheese Smashed Potatoes 4.15**

**Scalloped Potatoes Au Gratin 2.15**

**Roasted Red Skin Potatoes 2.40**

**Santa Fe Rice 1.35**

**Herbed Rice 1.40**

**Food for Thought Caterers**  
7574 St. Clair Avenue      Mentor, OH 44060  
Phone: 440-946-0383      Fax: 440-946-8801



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## **Pasta Salads**

### **Tortellini Fruit Salad 3.10**

*Tri-colored cheese stuffed tortellini tossed with kiwi, pineapple, strawberries and a sweet dressing.*

### **Tomato Orzo Salad 2.90**

*Pasta salad with fresh parsley, dill, feta, tomatoes and olives in a lemon and oil dressing.*

### **Mediterranean Pasta Salad 3.75**

*Cheese filled pasta, artichoke hearts, sun dried tomatoes, walnuts, olives and an oregano balsamic dressing.*

### **Vegetable Rice Salad 2.65**

*Rice marinated with vinaigrette, peppers, dried currants, red onion and dill.*

### **Summer Pasta Salad 2.40**

*Penne pasta, boccocini, broccoli, pea pods, cucumbers, tomatoes and roasted peppers with Italian style dressing.*

### **Garden Pasta 1.60**

*An Italian dressing coats rainbow rotini and garden fresh vegetables.*

### **Vegetable Tri Color Bowtie Pasta 2.40**

*Bowtie shaped pasta, tossed with fresh vegetables in a balsamic vinaigrette.*

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## **Side Salads**

### **Tossed Mixed Green Salad 2.10**

*Cucumbers, grape tomatoes and carrots tossed with fresh mixed greens.*

*Italian & Ranch dressings*

### **Broccoli Delight 2.50**

*Our most popular salad !! Broccoli, bacon, cashews, red onion and raisins tossed with our secret dressing.*

### **Renaissance Salad 1.60**

*Romaine lettuce, toasted sesame seeds, Romano cheese and zesty Italian dressing.*

### **Classic Caesar Salad 1.65**

*Romaine lettuce and croutons highlighted by our own homemade dressing. (No eggs or anchovies)  
with Grilled Chicken (entree portion) **4.80***

### **Rainbow Salad 2.40**

*Tossed greens with strawberries, (in season), kiwi, mandarin oranges, cashews and our own poppy seed dressing.*

**with Grilled Chicken** (entree portion) - \$5.10

### **Waldorf Salad 1.55**

*Red, yellow, green apples, raisins, walnut pieces, and celery. Cinnamon highlights the dressing for this salad.*

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## **Mesclun Salad 3.10**

*Assorted baby field greens with spiced pecans, tomatoes, cucumbers, bleu cheese and roasted garlic vinaigrette.*

## **Health Kick Salad 3.10**

*Mixed greens, chick peas, eggs, tomatoes, cheese, cucumbers and pistachios with a balsamic dressing.*

**Add Turkey** to make this delicious salad a meal **5.25**

## **Spinach Mandarin Salad 1.85**

*Tender spinach, scallions, toasted almonds and mandarin oranges topped with a honey mustard vinaigrette.*

## **Apple Romaine Salad 1.60**

*Romaine lettuce, red & yellow apples & walnuts with our own poppy seed dressing.*

## **Fresh Fruit Salad 2.95**

*Featuring fresh cantaloupe, honeydew, pineapple, grapes and strawberries.*

*(Seasonal price may vary).*

## **Roasted Corn Salad 1.60**

*Roasted sweet corn, lime juice, cilantro, colored peppers & garlic.*

## **Marinated Tomato and Cucumber Salad 1.60**

*Fresh tomatoes and cucumber slices accented by black ground pepper.*

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## **Strawberry & Goat Cheese Salad 3.45**

*Mixed greens, sliced strawberries and goat cheese with a balsamic and pepper dressing.*

## **Creamy Potato Salad 1.60**

## **Macaroni Salad 1.35**

### **Entree Salads**

## **Classic Chicken Caesar Salad 4.80**

*Romaine lettuce and croutons highlighted by our own homemade dressing. (No eggs or anchovies)*

## **Oriental Cobb Salad 5.00**

*Mixed greens, water chestnuts, teriyaki chicken, carrots, celery, mandarin oranges, chow mein noodles and red peppers.*

## **El Paso Steak Salad 5.80**

*Mixed greens, roasted corn, cheddar cheese, chili grilled steak, spicy sesame sticks with a cayenne buttermilk ranch dressing.*

## **Chinese Chicken and Pasta Salad 3.95**

*Grilled chicken and linguini, water chestnuts, veggies and crunchy chow mein noodles*

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## **Grilled Salmon Caesar Salad 9.45**

*(No eggs or anchovies)*

## **Traditional Cobb Salad 5.00**

*Served with bleu cheese dressing*

## **Chef Salad 4.75**

*Turkey, ham, roast beef, cheese, egg & tomato displayed on a bed of greens. Served with French, Italian & Ranch dressings*

## **Mexican Chicken Salad 4.80**

*Mixed greens topped with Cheddar cheese, olives, tomatoes and marinated grilled chicken.*

*Served with an Italian salsa dressing and green onions.*

*Served with tortilla chips on the side.*

## **California Salad 4.25**

*Mixed greens, granola, sunflower seeds, mandarin oranges, walnuts and strawberries.*

*Served with a unique prickly pear vinaigrette*

## **Southwest Salad 5.00**

*Taco grilled chicken, black beans, tomatoes, cheddar cheese, black olives and tortilla chips.*

***Pricing, as the need arises, may be changed without notice.***

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